

FAMILY SWIM HOURS

In the NEW POOL

June 28, 2010 – September 5, 2010

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| MONDAY | 2:00 – 3:00 PM 6:30 – 7:30 PM |
| TUESDAY | 1:30 – 3:00 PM 7:00 – 8:00 PM |
| WEDNESDAY | 1:00 – 2:30 PM 6:30 – 7:30 PM |
| THURSDAY | 2:00 – 3:00 PM 7:00 – 8:00 PM |
| FRIDAY | 1:00 – 3:00 PM 7:00 – 8:30 PM |
| SATURDAY | 1:00 – 3:30 PM |
| SUNDAY | 1:00 – 3:30 PM |

Family Swim & Pool Guidelines

- 1. 2 guests per family are permitted in the pool. An adult (18years or older) must accompany guests at all times.**
- 2. All children under the age of 7 (regardless of swim ability) must be accompanied in the water by an adult (18years or older). Exceptions may be considered for children demonstrating strong deep water skills.**
- 3. All beginner and inexperienced swimmers, regardless of age, must have an adult (18years or older) in the water with them at all times. (No more than 2 beginner/inexperienced swimmers are allowed per adult.)**
- 4. Children 7-11 years who pass the deep water test must have an adult (18years or older) on the pool deck or in the viewing area while child is swimming.**
- 5. Children 12-16 years who pass the deep water test must have an adult (18years or older) remain in the facility while child is swimming.**
- 6. Children who are not potty-trained must wear a swim diaper and plastic/rubber training pant. Everyone using the pool is required to wear a bathing suit.**
- 7. "Swimmies", bubbles and tubes are not permitted in the pool. A Coast-Guard approved life vest is the only flotation device allowed in the pool.**
- 8. Kickboards and noodles are permitted as long as they are used in a safe manner.**
- 9. YMCA Water Tools (dumbbells, hand buoys, fins, and belts) are reserved for the use of adult lap swimmers only.**
- 10. NO BALLS ARE ALLOWED IN THE POOL.**
- 11. Starting Blocks are not to be used at any time.**
- 12. Lap Lanes are only for swimmers who can circle swim continuously within a lane and are 12 years or older.**
- 13. All Lap swimmers should wear a bathing cap.**

Please note that this schedule is subject to change without notice.