

# NEW Pool Schedule

June 28, 2010 - September 5, 2010

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
6:30am	POOL OPENS @ 6:30AM											
7:00	Aquacise 6:45-7:30am	Aquacise 6:45-7:30am	Aquacise 6:45-7:30am	Aquacise 6:45-7:30am	Aquacise 6:45-7:30am	POOL OPENS @ 7:30AM						
7:30							Leisure Swim 7:30-8am					
8:00	Leisure Swim 7:30-9:30am	Aqua Therapy 8-9am	Leisure Swim 7:30-9:30am	Aqua Therapy 8-9am	Leisure Swim 7:30-9:30am	Leisure Swim 7:30-8am						
8:30											POOL OPENS @ 9:00AM	
9:00												
9:30	Swim Lessons 9:30-11am	Swim Lessons 9:30-11am	Swim Lessons 9:30-11am	Swim Lessons 9:30-11am	Swim Lessons 9:30-11am	Leisure Swim 9am-1pm	Leisure Swim 9-12noon					
10:00												
10:30												
11:00	Aquacise 11am-12noon	Aquacise 11am-12noon	Aquacise 11am-12noon	Aquacise 11am-12noon	Aquacise 11am-12noon	Leisure Swim 9am-1pm	Special Needs Family Swim 12-1pm					
11:30												
12noon	Aqua Therapy 12-1pm	Aqua Pi-Yo-Chi 12-1pm	Aqua Therapy 12-1pm	Pre/Post Natal 12-1pm	Aqua Therapy 12-1pm							
12:30												
1:00						Family Swim 1-3pm	Family Swim 1-3:30pm					
1:30												
2:00	Private Swim Lessons	Private Swim Lessons	Private Swim Lessons	Private Swim Lessons	Private Swim Lessons	Family Swim 1-3pm	Family Swim 1-3:30pm					
2:30												
3:00	1:30-4pm	1:30-4pm	1:30-4pm	1:30-4pm	1:30-4pm	Leisure Swim 3-4pm	Family Swim 1-3:30pm					
3:30												
4:00	Swim Lessons 4-6pm	Swim Lessons 4-6pm	Swim Lessons 4-6pm	Swim Lessons 4-6pm	Swim Lessons 4-6pm	Leisure Swim 3-6pm	Leisure Swim 3:30-6pm					
4:30												
5:00												
5:30												
6:00	SHARKS 6-7pm	Swim Conditioning Class Teen Lap Swim 6-7pm	SHARKS 6-7pm	Swim Conditioning Class 6-7pm	SHARKS Teen Lap Swim 6-7pm	Family Swim 7-8pm	Family Swim 7-8:30pm					
6:30	Family Swim 6:30-7:30		Family Swim 6:30-7:30									
7:00		Family Swim 7-8pm		Family Swim 7-8pm	Family Swim 7-8:30pm	Leisure Swim 8-9:30pm	Leisure Swim 8:30-9:30pm					
7:30	Aquacise 7:30-8:30pm		Aqua Combo 7:30-8:45pm									
8:00		Leisure Swim 8-9:30pm		Leisure Swim 8-9:30pm	Leisure Swim 8-9:30pm							
8:30	Leisure Swim 8:30-9:30pm		Leisure Swim 8:45-9:30pm		Leisure Swim 8:30-9:30pm							
9:00												
9:30	POOL CLOSSES @ 9:30 PM											

**PLEASE MAKE NOTE OF THE FOLLOWING:**

**NEW Pool** Operating hours: Weekdays 6:30am-9:30pm, Saturday 7:30am-6:00pm, Sunday 9:00am-4:30pm

**Leisure Swim** is open to adult full members (17 years & up) who swim laps at a slower pace or do stationary exercises.

**Teen Lap Swim** provides one or two lap lanes for extreme teen basic members only.

**Senior Swim** provides an open swim area & ONE LAP LANE for senior basic members only.

**The Wyckoff Family YMCA will be closed on Sunday, July 4th in observance of Independence Day.**

The Sharks swim team practices will end on Friday, July 30th. There will be no practices during the month of August.

**The New Pool will be closed for maintenance from Sunday, August 29th through Sunday, Sept. 5th.**

**THIS SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTIFICATION**

