

FAMILY SWIM HOURS

In the NEW POOL

June 23, 2008 – September 5, 2008

MONDAY	2:00 – 3:00 PM 6:30 – 7:30 PM
TUESDAY	1:30 – 3:00 PM 7:00 – 8:00 PM
WEDNESDAY	1:00 – 2:30 PM 6:30 – 7:30 PM
THURSDAY	2:00 – 3:00 PM 7:00 – 8:00 PM
FRIDAY	1:00 – 3:00 PM 7:00 – 8:30 PM
SATURDAY	1:00 – 4:00 PM
SUNDAY	12:00 – 3:00 PM

Family Swim & Pool Guidelines

- 1. All swimmers must shower before they enter the pool.**
- 2. All lap swimmers must wear a bathing cap.**
- 3. Children who are not potty-trained must wear a **swim diaper and plastic/rubber training pants**. **Everyone using the pool is required to wear a bathing suit.****
4. Starting Blocks are not be used at any time.
5. Kickboards & noodles are permitted as long as they are used in a safe manner.
6. "Swimmies", bubbles, & tubes are not permitted in the pool. A Coast-Guard Approved life vest is the only flotation device allowed in the pool.
7. No balls are allowed in the pool.
8. Dumbbells, hand buoys and belts are reserved for the use of adult lap swimmers **only**.
10. All children ages 7 and under must be accompanied in the pool area by a parent/guardian over the age of 18 with a **maximum of 3 children per adult**.
11. All non-swimmers (regardless of age) must have a parent in the pool with a **maximum of 2 non-swimmers per adult**.
12. Children ages 8 & up who want to enter the pool without a parent/guardian must pass a swimming skills test. The parent/guardian must remain in the viewing area.
13. Lap Lanes are **only** for swimmers who are 13 years and older who can continuously swim laps.

Please note that this schedule is subject to change without notice.