

# NEW Pool Schedule

June 23, 2008 - September 5, 2008

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:45	POOL OPENS AT 6:30AM						
7:00	Aquacise 6:50-7:35am	Aquacise 6:50-7:35am	Aquacise 6:50-7:35am	Aquacise 6:50-7:35am	Aquacise 6:50-7:35am	POOL OPENS AT 7:30AM	
7:30						Leisure Swim 7:30-8am	
8:00	Leisure Swim 7:45-9:30am	Aqua Therapy 8-9am	Leisure Swim 7:45-9:30am	Aqua Therapy 8-9am	Leisure Swim 7:45-9:30am		POOL OPENS AT 9:00AM
8:30						Aquacise 8-9am	
9:00							
9:30	Swim Lessons 9:30-11am	Swim Lessons 9:30-11am	Swim Lessons 9:30-11am	Swim Lessons 9:30-11am	Daycare Swim Lessons 9:30-11am		Leisure Swim 9am- 12noon
10:00							
10:30						Leisure Swim 9am-1pm	
11:00	Aquacise 11am-12pm	Aquacise 11am-12noon	Aquacise 11am-12noon	Aquacise 11am-12noon	Aquacise 11am-12noon		
11:30							
12:00	Aqua Therapy 12-1pm	Aqua Yoga 12-1pm	Aqua Therapy 12-1pm	Aqua Pre/Post Natal 12-1pm	Aqua Therapy 12-1pm		
12:30							
1:00							Family Swim 12-3pm
1:30	Senior Swim 1-2pm		Family Swim 1-2:30pm		Senior Swim 1-2pm		
2:00	Private Lessons 1:30-4pm	Private Lessons 1:30-4pm	Private Lessons 1:30-4pm	Private Lessons 1:30-4pm	Private Lessons 1:30-4pm	Family Swim 1-4pm	
2:30		Family Swim 1:30-3pm			Family Swim 2-3pm		
3:00	Leisure Swim 3-4pm	Leisure Swim 3-4pm	Leisure Swim 3-4pm	Leisure Swim 3-4pm	Leisure Swim 3-4pm		Shining Star Family Swim 3-4pm
3:30							
4:00	Swim Lessons 4-6pm	Swim Lessons 4-6pm	Swim Lessons 4-6pm	Swim Lessons 4-6pm	Leisure Swim 3-6pm		
4:30						Leisure Swim 4-6pm	
5:00							
5:30							
6:00	SHARKS 6-7pm	Leisure Swim 7pm	SHARKS 6-7pm	Leisure Swim 7pm	SHARKS 6-7pm		
6:30	Family Swim 6:30-7:30		Family Swim 6:30-7:30	Family Swim 7-8pm	Family Swim 7-8:30pm		
7:00		Family Swim 7-8pm					
7:30	Aquacise 7:30-8:30	Leisure Swim 9pm	Aqua Combo 7:30-8:45pm	Leisure Swim 9pm			
8:00							
8:30	Leisure Swim 8:30-9pm				Leisure Swim 8:30-9pm		
9:00	POOL CLOSSES @ 9:00 PM						

**PLEASE MAKE NOTE OF THE FOLLOWING:**

**NEW Pool Operating hours: Weekdays 6:30am-9:00pm, Saturday 7:30am-6:00pm, Sunday 9:00am-4:45pm**

Lap Lanes on Monday through Friday from 6:30am-9:30am are only available for **adult full members** (17 years & up)

Lap Lanes on Saturday from 7:30-9:00am are only available for **adult full members** (17 years & up).

Leisure Swim is open to **full members** (13 years & up) who swim laps at a slower pace or do stationary exercises.

**The NEW Pool will be closed for maintenance from 8/25/08 to 9/1/08.**

**The YMCA will be closed on Friday, July 4th, 2008.**

**THIS SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTIFICATION**