

Triathlon FAQs

Can I register on the day of the race?

Sorry, absolutely no race-day registrations are permitted. Due to the popularity of the event, we suggest registering as early as possible. The race closed out in 24 hours this year! To preserve the quality and safety of the race it is necessary to limit the number of entries.

Do I need a wetsuit for the swim?

If water temp is below 66 degrees, wetsuits are required. Many participants choose to wear them regardless.

What time should I arrive at the race site?

Check in begins at 5:00 am. Give yourself enough time and arrive early! You will need to set up your bike area, get numbered, pick up a timing chip and familiarize yourself with the area.

Where should I park?

Parking is available at McBride field, adjacent to the Indian Trail Club, on High Mountain Road across from High Mountain Road School, and at Most Blessed Sacrament Church on the corner of High Mountain Road and Franklin Lake Road. Parking is not permitted in the Market Basket parking lot.

I need to drop out of the race. What should I do?

Contact the Wyckoff Y as soon as possible. Because the race is presented by a partnership of non-profit organizations, the registration fee is non-refundable, however, the athletes who are waitlisted would certainly appreciate your notifying the Y so that others may have an opportunity to compete! Please advise us in case of medical situation or injury as well.

One of my teammates has to drop out of the race. What do I do?

You must notify the Race Office at the Y at 201-891-2081. If you wish to substitute another person for your team, the new person must fill out a registration form indicating the other team members' names and that he/she is a replacement. A \$25 change fee will be incurred.

Can I bring my dog to the race?

We appreciate the generosity of Indian Trail Club in allowing us to use their facility for the race. Please respect their policy of "no dogs allowed."

How does the timing chip work?

When you check in on race day, you will be assigned a timing chip that is associated with your identity and race number. It must be worn on your ankle. Leave it on for the entire race (even in the water) and return it at the finish line

How do I transition from the swim to bike?

Most people wear their swim suit under their biking/running clothes. Changing rooms are available, but will take a lot of time. Set up your transition area with everything you'll need to move quickly between events.

I am on a team, where will I meet my teammate?

After the swim segment and the bike segment, there will be a well-marked transition area where you will meet your teammate and pass him/her the timing chip.