

PER ORDER OF THE HEALTH DEPARTMENT, ALL SWIMMERS ARE REQUIRED TO SHOWER BEFORE ENTERING THE POOLS.

NEW Pool Schedule

Effective June 26, 2017



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30am	POOL OPENS @ 6:30AM					POOL OPENS @ 7am	
7:00	Aquacise 6:45-7:30am (3 Lap Lanes)	Aquacise 6:45-7:30am (3 Lap Lanes)	SHALLOW Aquacise 6:45-7:30am (3 Lap Lanes)	Aquacise 6:45-7:30am (3 Lap Lanes)	DEEP Aquacise 6:45-7:30am (2 Lap Lanes)	Leisure Swim 7-8am (4 Lap Lanes)	POOL OPENS @ 8AM
7:30							
8:00	Leisure Swim 7:30-9:30am (4 Lap Lanes)	Aqua Therapy 8-9am (3 Lap Lanes)	Leisure Swim 7:30-9am (4 Lap Lanes)	Aqua Therapy 8-9am (3 Lap Lanes)	Leisure Swim 7:30-9:30am (4 Lap Lanes)	Aquacise 8-8:45am (2 Lap Lanes)	Leisure Swim 8-10am (4 Lap Lanes)
8:30							
9:00		Lap Swim 9-10am					
9:30	Swim Lessons 9:30-11am (3 Lap Lanes)	Swim Lessons 9:30-11am	Swim Lessons 9:30-11am	Swim Lessons 9:30-11am (2 Lap Lanes)	Swim Lessons 9:30-11am (3 Lap Lanes)		
10:00							
10:30							
11:00	Aquacise 11am-12noon (1 Lap Lane)	Aquacise 11am-12noon (2 Lap Lanes)	Aquacise 11am-12noon (1 Lap Lane)	Aquacise 11am-12noon (1 Lap Lane)	Aquacise 11am-12noon (1 Lap Lane)		Lap Swim 10-1:30pm
11:30							
12:00	Aqua Therapy 12-1pm (2 Lap Lanes)	Lap Swim 12-1pm	Aqua Therapy 12-1pm (1 Lap Lane)	Senior Swim 12-1pm (2 Lap Lanes)	Aqua Therapy 12-1pm (2 Lap Lanes)	Lap Swim 9am-4:30pm (6 Lap Lanes) Xtreme Teen 1:30-2:30pm	
12:30							
1:00		21+ Swim 1-1:30pm		21+ Swim 1-1:30pm			
1:30							
2:00	Private Lessons 1-4:30pm (1 Lap Lane)	Family Swim 2-3pm	Private Lessons 1-4:30pm (1 Lap Lane)	Family Swim 2-3pm	Private Lessons 1-4:30pm (1 Lap Lane)	Lap Swim 1-3pm (3 Lap Lane)	Family Swim 1:30-3:30pm (2 Lap Lanes)
2:30							
3:00		Lap Swim 3-4:30pm		Lap Swim 3-4:30pm		Lap Swim 1-2:30pm	
3:30							
4:00							Leisure Swim 3:30-4:30pm (4 Lap Lanes)
4:30							
5:00	Swim Lessons 4:30-6:30pm (1 Lap Lanes)	Swim Lessons 4:30-6:30pm (1 Lap Lanes)	Swim Lessons 4:30-6:30pm (1 Lap Lanes)	Swim Lessons 4:30-6:30pm (1 Lap Lanes)	Swim Lessons 4:30-6:30pm (1 Lap Lanes)	Lap Swim 3:30-6:30pm (6 Lap Lanes)	POOL CLOSING @ 4:30PM
5:30							
6:00							
6:30	Family Swim 6:30-7:30	SHARKS 6:30-7:30pm	Family Swim 6:30-7:30	SHARKS 6:30-7:30pm	Family Swim 6:30-8:00pm	Family Swim 4:30-6:30pm (2 Lap Lanes)	POOL CLOSING @ 6:30PM
7:00		Lap Swim 7-8pm		Lap Swim 7-8pm			
7:30	Aquacise 7:30-8:30pm (1 Lap Lane)		Aqua Combo 7:30-8:45pm (3 Lap Lanes)				
8:00							
8:30	Leisure Swim 8:30-9:30pm (4 Lap Lanes)	Leisure Swim 8:00-9:30pm (4 Lap Lanes)	Leisure Swim 8:45-9:30pm (4 Lap Lanes)	Leisure Swim 8:00-9:30pm (4 Lap Lanes)	Leisure Swim 8:00-9:30pm (4 Lap Lanes)		
9:00							
9:30pm	POOL CLOSING @ 9:30 PM						

PLEASE MAKE NOTE OF THE FOLLOWING:

Leisure Swim is open to **adult full members** (17 years & up) who swim laps at a slower pace or do stationary exercises.

Extreme Teen Lap Swim provides lap swim time for extreme teen members only.

Senior Swim provides two open lanes for stationary exercises.

THIS SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTIFICATION