



## TOILET TRAINING PROCEDURE:

Learning to use the toilet is an important step in a child's development. Readiness to control bladder and bowel functions is as individual as each child. A child who exhibits initial interest in toilet training at home may not be as ready at the Early Learning Center. This is primarily due to the amount of activity and distractions during the day. Once children begin to express an interest in toilet training at the Early Learning Center, we will work with your child to be successful. Although there is no definite age when readiness occurs, children around 2 years old often begin to show muscle control and have the language and intellectual maturity to understand the toilet concept. Most children achieve bowel control and daytime urine control by 3 to 4 years of age.

### CHILDREN ARE MOST LIKELY READY TO BEGIN TOILET TRAINING WHEN:

- They show a preference for clean diapers and when soiled ask to be changed.
- They stay dry at least 2 hours at a time during the day or are dry after naps.
- Their bowel movements become regular and predictable.
- Facial expressions, posture, or words reveal that your child is about to urinate or have a bowel movement.
- They can walk to and from the bathroom and help undress.
- They ask to use the toilet or potty chair or they ask to wear underwear.

1. Toilet Training must begin at home. Children will be toilet trained in accordance with the requests of the family and in a manner that is consistent with the child's readiness, both physical and emotional. The Caregivers and the family will work together when a child is ready and then negotiate a plan that will be consistent and manageable in both settings.
2. No child is punished, verbally abused, or humiliated for soiling, wetting or not using the toilet.
3. Children shall be supervised at all times while toileting.
4. All Caregivers will be willing to assist in the toileting process when necessary.
5. Children and Staff are required to wash their hands with liquid soap and running water after toileting. Staff will also wash their hands after assisting a child with toileting. Proper handwashing procedures are always required to be used.
6. Clothing soiled or wet will be bagged and stored apart from other items until the child leaves the center. The parent will be informed of what happened during the day so they know to clean the clothing appropriately.
7. A change of clothing must be kept for all children at the Early Learning Center in case of an accident. The parent will be informed when the supplies are running low so another change can be brought in. If the child has no spare clothing, the center will provide a set, which is to be cleaned before being returned to the center so another child can wear them.
8. We request that children be dressed in clothing that is easy for them to pull up and down. (No zippers, overalls, belts)
9. We request children first transition from diapers to pull-ups (that attach at the sides) and once toileting control is reached they then be placed in underwear. Spare items must be supplied for the Toilet Training process.