

**THE ROSE FERNANDEZ COMMONS** at the Wyckoff Family YMCA  
*A Gathering Place for Active Older Adults* SCHEDULE OF ACTIVITIES

**WEEK OF SEPT. 11, 2017**      **Open M-F / 9AM - 4PM**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT. 11	SEPT. 12	SEPT. 13	SEPT. 14	SEPT. 15
Volunteers: <b>LORRAINE &amp; MARGARET</b>	Volunteers: <b>EILEEN, BEV &amp; ELAINE</b>	Volunteers: <b>DOLLY &amp; ANNE</b>	Volunteer: <b>ELAINE</b>	Volunteers: <b>DOTTIE, JOE &amp; CLAUDIA</b>
<b>TABLE TENNIS</b> 10:30AM-12:30PM PR2	<b>TED TALK</b> "The Secret to Living Longer May Be Your Social Life" 10AM	<b>TABLE TENNIS</b> 10:30AM-12:30PM PR2	<b>NEWSIES</b> 10AM	<b>TABLE TENNIS</b> 10:30AM-12:30PM PR2
<b>BRIDGE CLUB</b> 11:30AM-2:30PM	<b>iPAD &amp; iPHONE WORKSHOP</b> 11AM	<b>*GOOD EATS! MEN'S COOKING</b> 10:45AM - KITCHEN *FEE FOR CLASS	<b>BRIDGE CLUB</b> 11:30AM-2:30PM	<b>THE BULL &amp; THE BEAR</b> 10:30AM
<b>MAH JONGG</b> 1-4PM - PR 5	<b>Y SINGERS ADULT CHORUS</b> 12:45-2:30PM -- PR7	<b>CANASTA</b> 12:30PM	<b>KNIT 'N CHAT</b> 12:30PM	<b>MEXICAN TRAIN DOMINOES</b> 12PM
	<b>COFFEE TALK W/ ELAINE</b> *STARTS 9/26* 1PM	<b>BOOK CLUB</b> 12:30PM	<b>MAH JONGG</b> 1-4PM	<b>*WHAT'S COOKING?</b> 1:15PM -- KITCHEN *FEE FOR CLASS
	<b>PINOCHLE</b> 2PM	<b>LIFE STORIES</b> 1PM - PR 5	<b>PINOCHLE</b> 2PM	<b>MOVIE "GOING IN STYLE"</b> w/ Morgan Freeman 2PM - 1hr. 37min.
		<b>COLOR YOURSELF CALM</b> 2PM		

**REMINDERS:**

**CAR CLASS W/BECCA One-Day Workshop** -- Sun., Sept. 17, 2:30-4:30pm Register at Front Desk  
**BOWLING** -- Monthly (2nd Tues.), Begins Sept. 19 @10AM / Holiday Bowl in Oakland / Registration required  
**CORKS 'N CANVAS** (Wine & Painting Party) -- Tues. Sept. 26th/ Arrive 6PM / Painting begins 6:30PM ~ BYOB  
**HARLEM/APOLLO THEATER JAZZ TOUR** -- Wed., Sept. 27 - Register at Front Desk -- LIMITED SPACE LEFT!  
**OKTOBERFEST** -- Wed., October 18th @6pm / Register at Front Desk

Questions or programming suggestions? Just ask! We are here to help...

**JENNIFER SAUER**

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