



THE WYCKOFF FAMILY YMCA

Childcare Health, Illness, Communicable Disease Management, Medication Administration, and Injury Procedures Policy

The Wyckoff Family YMCA Early Learning Centers strive to promote optimal health conditions for all children and its employees. Our Health Policy safeguards children by ensuring all participants adhere to prevention and control measures which minimize the acquisition and spread of illness.

Health and Immunization Requirements for Children

Parents must provide annually a Universal Health Form, filled out and stamped by their health care provider. Additionally, up to date immunization records must be provided as children progress through the required vaccination schedules.

If an immunization is contraindicated for medical reasons, the parent must submit to the center a written statement from the health care provider attesting to the following:

1. The reason the immunization is medically contraindicated; and
2. The specific time period that the immunization is medically contraindicated.

A child shall be exempted from an immunization if the parent objects thereto in a written statement submitted to the center, signed by the parent, explaining how the immunization conflicts with the child's exercise of bona fide religious tenets or practices.

It is the Wyckoff Family YMCA's policy, in conjunction with the Office of Licensing and the State Department of Health, that those children with immunization exemptions will not be admitted to the center during a vaccine-preventable disease outbreak or threatened outbreak, as determined by the State Commissioner of Health.

Illness and Communicable Disease

If at any time it is determined that a child is sick or contagious, that child will not be admitted or permitted to remain at the Early Learning Center. Any child who becomes ill while at the center shall be isolated from other children, and the parent/guardian will be notified to pick up the sick child. Pick-up must occur within 1 hour of notification. Due to this time frame, each child must have an alternate pick up plan in place in the case that a parent is unable to stay home or to pick up the child. If a parent/guardian cannot be reached, those listed as the child's emergency contacts will be contacted to assume this responsibility.

A child will be sent home or should be kept home if he/she has:

- Had an illness or symptom of an illness within 24 hours prior to entering care;
- An elevated oral temperature of 101.5 degrees Fahrenheit or higher; or an axillary (armpit) temperature of 100.5 degrees Fahrenheit or higher, accompanied by behavior changes or other symptoms of illness;
- Diarrhea (characterized by loose, watery stools 2 more times than the child's normal frequency within a 24-hour period)
 - *child may attend if cause is determined not to be illness related- ie: food sensitivity or antibiotic reaction or bloody diarrhea;
- Strep throat, or severe sore throat;

- Severe pain or discomfort (including ear and headache);
- An episode of vomiting;
- Strep throat, or severe sore throat;
- Severe coughing, wheezing or difficult rapid breathing;
- Yellow eyes or jaundice skin;
- Red eyes with discharge (pink eye) (exclusion necessary for 24 hrs. after start of medication);
- Infected, untreated skin patches, or mouth sores with drooling;
- Unusual skin rashes (excluding diaper rash) lasting longer than 24 hours accompanied by fever or behavior changes or open, weeping, or bleeding lesions that have not been treated by a health care provider;
- Swollen joints;
- Visible enlarged lymph nodes;
- Stiff neck;
- Blood in urine;
- A need for individual care (i.e. unusual irritability, tiredness, paleness, lethargy); or
- Lice (the Wyckoff Family YMCA maintains a nit-free lice policy.)

In order to prevent the spread of disease and germs, children are to be free of symptoms and an elevated temperature without the use of fever-reducing medicine for 24 hours before returning to the Early Learning Center. If a child is sent home from the center, he/she will not be allowed to return the following day unless accompanied by a doctor’s note and/or is non-contagious.

Children will not be permitted at school with any of the following illnesses until a note is received from their physician stating that the child has been diagnosed and presents no risk to him/herself or others. If a communicable disease is reported to the Early Learning Center, the parent(s) of all exposed children will be informed verbally and in writing. Parents will be informed of the type of illness, signs and symptoms, mode of transmission, period of communicability, and control measures that are being implemented at the program as well as what should be implemented at home to limit a child’s exposure.

Reportable Diseases, as required by N.J.A.C. 10:122-7.10(a)

Respiratory Illnesses:

Chicken Pox
 German Measles
 Hemophilus Influenza
 Measles
 Meningococcus
 Mumps
 Strep Throat
 Tuberculosis
 Whooping Cough

Gastro-Intestinal Illnesses:

Campylobacter
 Escherichia coli
 Giardia Lamblia
 Hepatitis A
 Salmonella
 Shigella

Contact Illnesses:

Impetigo
 Lice
 Scabies
 Shingles

Prescription Medication Administration

The Early Learning Center will administer prescribed medication or health care procedures to a child with a short term illness (whereas “short term” is defined as a duration of 4 or fewer consecutive care days) or long term illness (whereas “long term” is defined as a duration of more than 4 consecutive care days) when the following conditions are met:

1. The parent **and** the health care provider provide written consent; and
2. The prescribed medication is stored in its original container with the prescription label stating the specific child’s name, the name of the medication, the date it was prescribed or updated, and directions for its administration. All unused or expired medication and health care equipment shall be returned to the parent when no longer being administered.

Non-Prescription Over-the-Counter (OTC) Medications Administration

With written parental consent, the Early Learning Center shall administer non-prescription OTC medication or health care procedures on a short term basis, but it limits the dispensing to the following types of medicines, which shall be dispensed in accordance with the recommended dosage, age, and/or weight of the child, as indicated on the label:

1. Antihistamines;
2. Non-aspirin fever reducers/pain relievers; and
3. Topical preparations, such as sunscreen and diaper rash preparations.

The center may dispense other non-prescription OTC medications, including cough suppressants/decongestants only if the child's parent and health care provider authorize it in writing. The center will maintain on file a record of all medication and health care procedure administration.

If a child has a chronic health condition requiring the administration of prescription or non-prescription OTC medication or health care procedures on a long-term basis, a written statement from the child's health care provider must be obtained, indicating:

1. The name of the child;
2. The name of the medication;
3. The condition or indications for administration of the medication or procedure;
4. The instructions for administration of the medication or procedure; and
5. The name and telephone of the health care provider.

Injury Procedures

In the event of an injury, the child will be assessed and First Aid will be initiated as needed. Minor injury notification will occur at pickup. Notification will occur within 1 hour for injuries occurring to the neck or above.