

Franklin Lakes Youth Biathlon



TIMING CHIP PICK UP BEGINS AT 7AM

Youth Biathlon Participants

7 & UNDER-Approximate 8:00 Start Time

RED swim cap-50 YARD SWIM

RED sign will mark your transition area

You will complete 1 loop of the course-.5 MILE RUN

you will run to the finish once you have

4 Wrist Bands (you will begin with 3 wrist bands)

RACE BIB NUMBER MUST BE WORN ON FRONT OF YOUR SHIRT

8-11 YEAR OLDS-Approximate 8:10 Start Time

LIGHT BLUE swim cap-100 YARD SWIM

LIGHT BLUE balloon will mark your transition area

You will complete 2 loops of the course-1 MILE RUN

you will run to the finish once you have

4 Wrist Bands (you will begin with 2 wrist bands)

RACE BIB NUMBER MUST BE WORN ON FRONT OF YOUR SHIRT

12-13 YEAR OLDS – 8:20AM Start Time

ROYAL swim cap-200 YARD SWIM

ROYAL sign will mark your transition area

You will complete 3 loops of the course-1.5 MILE RUN

you will run to the finish once you have

4 Wrist Bands

RACE BIB NUMBER MUST BE WORN ON FRONT OF YOUR SHIRT

14-16 YEAR OLDS – 8:30AM Start Time

WHITE swim cap 400 YARD SWIM

WHITE sign will mark your transition area

You will complete 4 loops of the course-2 MILE RUN

you will run to the finish once you have

4 Wrist Bands

RACE BIB NUMBER MUST BE WORN ON FRONT OF YOUR SHIRT

TEAMS

Will compete with appropriate age group–

TEAM TRANSITION SIGN will mark your transition area

RACE BIB NUMBER MUST BE WORN ON FRONT OF YOUR SHIRT

HAVE FUN !! We will be cheering for you all 😊